



KEY
Careers
*Non-Compulsory RSE

Enrichment curriculum 2023/24

Year 7

Term One – Decision Making and Progression	Term Two – Relationships
Transition to Secondary school	Career mapping and Goals
Dealing with Change	What are Skills – Unifrog – IT Room
Careers Information	Friendships support in school
Introduction to Unifrog – IT Room	Family life – roles and responsibilities
Careers Library Treasure Hunt – Unifrog – IT Room	Online Safety
Motivation to Work	Marriage - consensual and forced

Term Three – Health	Term Four – Sex
Recording Activities – Unifrog – IT Room	Interests Profile – Unifrog – IT Room
Menstruation	Commitment, What does it mean? Medway
Menstrual wellbeing	Introducing Consent Medway
My changing body	*How a baby is made
Personal hygiene	Self-examination
Healthy mind	FGM introduction

Term Five – Relationships/Health	Term Six – Catch-up/Wider World
What is your Dream Job? – Unifrog – IT Room	Healthy eating
Coercive Friendships Relationships	Somethings not right (KS3) Home Office
Serious and organised crime Relationships	Dental Health Health
Basic Life Support (Basic First Aid) Health	Citizenship
Bleeding (Basic First Aid) Health	Catch-up
The Sleep Factor Health	Catch-up



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Year 8

Term One – Decision Making and Progression	Term Two – Relationships
Exploring Pathways and Research task	Careers Library Treasure Hunt – Unifrog – IT Room
Making decisions	Career Terminology – Unifrog – IT Room
Goal Mapping	Managing conflict – positive relationships
Creativity – Barclays Life Skills	Sexual orientation and gender identity
Unifrog – Refamiliarise – IT Room	Grooming
Record of Achievement – Unifrog – IT Room	The law and marriage
	Bullying/Cyberbullying

Term Three – Health	Term Four – Sex
What Does Success Mean to You? – Unifrog – IT Room	Your Superhero CV – Unifrog – IT Room
Understanding Drugs	Dealing with change; online stress and FOMO Health
Alcohol and Risk	Capacity to consent
Tobacco – risks and influences	*Introduction to contraception
Vaping	Pornography
Asthma (Basic First Aid)	Sexting

Term Five – Relationships	Term Six – Catch-up/Wider World
What Makes a Great Communicator? – Unifrog – IT Room	Activities & Competencies Bingo – Unifrog – IT Room
Relationship Values	Understanding Fraud
Online Friendships	Identity Fraud and Data Protection
Loss and Bereavement	Allergies
Disability and Discrimination	Making choices: Sex Relationships and BBFC Age Ratings
Water Safety	County lines



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Year 9

Term One – Decision Making and Progression	Term Two – Relationships
Unifrog - Refamiliarise – IT Room	GCSE – Choices, choices – Unifrog – IT Room
Bridge to the Future – IT Room	Unhealthy Vs Healthy Relationships
LMI	Nudes
Record of Achievement – Unifrog – IT Room	Abuse – Physical/Domestic
Identifying Interests – Unifrog – IT Room	Family Conflict
Introduction to CVs	Managing conflict in a relationship
	Addressing Relationship Abuse

Term Three – Health	Term Four – Sex
Careers Library Treasure Hunt – Unifrog – IT Room	What makes a Great Leader? – Unifrog – IT Room
Social Media and Health	FGM Revisited
Eating disorders – Lesson 1	Beginning relationships
Eating disorders – Lesson 2	*Capacity to Consent KS3
Choking (Basic First Aid)	*Preventing STIs
Head Injuries (Basic First Aid)	Blood, Organ and Stem Cell Donation

Term Five – Money	Term Six – Catch-up/Wider World
Your Skills, Your Team, Your Future – Unifrog – IT Room	Talking about your Activities – Unifrog – IT Room
Recognising your money personality	Equality Act
Value for Money	Drugs, the Law and Managing Risk
Next Steps in your Financial Journey	Exploring Risk in Relation to Gambling
Dealing with Financial Dilemmas	Catch-up
Budgeting when Gaming	Catch-up



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Year 10

Term One – Decision Making and Progression	Term Two – Relationships
Routes to the Future talk	Work Experience: Researching Placements – Unifrog – IT Room
Routes to the Future follow up activity	Talking to parents/carers about sex and stuff
Record of Achievement – Unifrog – IT Room	101 ways to show someone you love them... without having sex
Intro to FE	Child Exploitation
Intro to HE	Stalking
Apprenticeships/Traineeships	Harassment

Term Three – Health	Term Four – Sex
Work Experience: CVs – Unifrog – IT Room	Work Experience: How to contact employers – Unifrog – IT Room
Managing Stress	Substance Use and Managing Influence
Call Push Rescue (Basic First Aid)	Contraception
Bleeding and Shock (Basic First Aid)	*Condom Negotiation
Chest Pain (Basic First Aid)	*Fertility and routes to parenthood
Substance Use and Assessing risk	Something's not right (KS4)

Term Five – Finance	Term Six – Catch-up/Wider World
Personality Profile – Unifrog – IT Room	What makes a Great Team Player – Unifrog – IT Room
Understanding and Managing Debt	Drug and Alcohol; Help Seeking and Sources of Support
Money and Work	Hate Crime
Financial Risk and Security	What is Cancer
Money Mules	Future of Money
Protecting Against Scams	Unifrog Escape Room – IT Room



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Year 11

Term One – Decision Making and Progression	Term Two – Relationships
Post-16 Choice, choices - Unifrog	Public sexual harassment
Busting BTEC Myths – Unifrog	Criminal exploitation and gangs
A-Level Choices - Unifrog	Diversity and prejudice
Career mapping	Long Term Commitments
Revision Skills - Unifrog	The Legal Status of Marriage
FE application and support/evaluations	Parenting
	Managing the end of Relationships

Term Three – Health	Term Four – Sex
Mock Exams	Coping with Change – Leaving Secondary School - Unifrog
Mock Exams	Sexual Exploitation
Relaxation and Managing Stress	*Managing Sexual Pressure
Introduction to Apprenticeships - Unifrog	*Staying Safe in Sexual relationships
Bone Muscle and Joint injuries (Basic First Aid)	*Pregnancy Outcomes Medway
The Sleep Factor	*Pregnancy Choices: Abortion Medway

Term Five – World of Work
Revisit Revision Techniques
Green Jobs - Unifrog
Unifrog – TBC
Unifrog – TBC
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External Visitors

Year 7

RoadHog Bus: Friendship
Lying

Year 8

RoadHog Bus: Cheating
Friendship
Stay Safe Day: Healthy Relationships
Fire Safety
Online Safety
Anti-Social Behaviour
Alcohol and Drug Awareness

Year 10

Stay Safe Day: Road Safety
Healthy Relationships
Online Safety
County Lines and Knife Crime
Drug Awareness
Positive Health: Consent Workshop
Strong Girl Squad Physical and Mental Health Workshop

Year 10 – 12

Protect Police Partnership Social Media Scams