

WORK EXPERIENCE & VOLUNTEERING

THE BENEFITS TO WORK EXPERIENCE



How to Find Work Experience

Researching local companies online & contacting them is the main route to find company's open to work experience placements.

The Benefits to Work Experience

Work experience can help you to:

- Develop skills by working hands-on
- Gain contacts in the industry
- Boost your CV with recent experience

Getting work experience in a sector you are passionate about / want to go into (i.e. care work, customer service roles) will help you learn and develop new skills to increase your success at future job applications.

Some type of work experience or volunteering is attractive to employers.

What is Good Quality Work Experience?

Good quality work experience placements should be flexible for the young person and employer.

They should be purposeful and relevant.

They must be planned and supervised to ensure time is well spend & beneficial.

The role and responsibilities should be clear.

The work experience should finish with a review of performance and feedback.

Preparation

Before you apply for work experience you should:

- Have an up to date CV you can provide the company.
Tailor your CV to the role/industry you are applying to work for.
- Do you have interview clothes ready?
- Are able to travel to the place of work easily if successful? (I.E. research local bus timetables).

Then

Hand in your CV to local employers or send them online.

Follow up with a phone call if you do not hear anything. This shows initiative.



Department
for Work &
Pensions

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